












OCTOBER LUNCH MENU 2019 (9th-12th)

	Monday	Tuesday	Wednesday	Thursday	Friday	
		<p>1* Hamburger w/Slice Cheese on WG Bun Baked French Fries Sliced Tomato on Lettuce Salad Fresh Apple Frozen Fruit Cup Milk Variety Potable Water Fat Free Ranch Dressing Ketchup PC Mustard PC Fat Free Mayonnaise</p> <p>Domino's Smart Slice Pepperoni or Sausage Pizza Whole Kernel Corn Popeye Salad Chilled Fruit Cocktail Milk Variety Potable Water Fat Free Ranch Dressing Parmesan Cheese</p> <p>Fair Park, North Caddo High, Caddo Magnet High, C.E. Byrd</p>	<p>2 Oven Fried Chicken W/G Cornbread Seasoned Pinto Beans Seasoned Turnip Greens Chilled Pear Halves Milk Variety Potable Water</p>	<p>3* Hot Dog on WG Bun Chili & Cheese Baked Tator Tots Tossed Green Salad Chilled Peaches Milk Variety Potable Water Fat Free Ranch Dressing Ketchup PC Mustard PC Fat Free Mayonnaise</p> <p>Domino's Smart Slice Pepperoni or Sausage Pizza Whole Kernel Corn Popeye Salad Chilled Fruit Cocktail Milk Variety Potable Water Fat Free Ranch Dressing Parmesan Cheese</p> <p>Shreve, Green Oaks, Huntington, Northwood, Southwood, BTW, Woodlawn</p>	<p>4 Pepperoni Pizza 5" Round Whole Kernel Corn Popeye Salad Chilled Fruit Cocktail Milk Variety Potable Water Fat Free Ranch Dressing Parmesan Cheese</p>	
	<p>7 Jambalaya w/Chicken and Sausage OR Chicken Nuggets Whole Grain Roll Steamed Broccoli Yam Patties Chilled Fruit Cocktail Milk Variety Potable Water Hot Sauce</p>	<p>8 Hamburger w/Slice Cheese on WG Bun Baked French Fries Sliced Tomato on Lettuce Salad Fresh Apple Frozen Fruit Cup Milk Variety Potable Water Fat Free Ranch Dressing Ketchup PC Mustard PC Fat Free Mayonnaise</p>	<p>9 Oven Fried Chicken W/G Cornbread Seasoned Pinto Beans Seasoned Turnip Greens Chilled Pear Halves Milk Variety Potable Water Jalapeno Peppers Hot Sauce</p>	<p>10 Hot Dog on WG Bun Chili & Cheese Baked Tator Tots Tossed Green Salad Chilled Peaches Milk Variety Potable Water Fat Free Ranch Dressing Ketchup PC Mustard PC Fat Free Mayonnaise</p>	<p>11- Prof. Development No Students</p>	
				<p>17 Baked Chicken Whole Grain Cornbread Steamed Cabbage Yam Patties Chilled Fruit Cocktail Milk Variety Potable Water Hot Sauce Jalapeno Peppers Ketchup</p>	<p>18 Natchitoches Meat Pie OR Ham & Cheese on WG Bun WG Macaroni & Cheese Steamed Broccoli Tossed Garden Salad Fresh Apple Milk Variety Potable Water Fat Free Ranch Dressing</p>	
	<p>21 Jambalaya w/Chicken and Sausage OR Chicken Nuggets Whole Grain Roll Steamed Broccoli Yam Patties Chilled Fruit Cocktail Milk Variety Potable Water Hot Sauce</p>	<p>22* Hamburger w/Slice Cheese on WG Bun Baked French Fries Sliced Tomato on Lettuce Salad Fresh Apple Frozen Fruit Cup Milk Variety Potable Water Fat Free Ranch Dressing Ketchup PC Mustard PC Fat Free Mayonnaise</p> <p>Domino's Smart Slice Pepperoni or Sausage Pizza Whole Kernel Corn Popeye Salad Chilled Fruit Cocktail Milk Variety Potable Water Fat Free Ranch Dressing Parmesan Cheese</p> <p>Fair Park, North Caddo High, Caddo Magnet High, C.E. Byrd</p>	<p>23 Oven Fried Chicken W/G Cornbread Seasoned Pinto Beans Seasoned Turnip Greens Chilled Pear Halves Milk Variety Potable Water Jalapeno Peppers Hot Sauce</p>	<p>24* Hot Dog on WG Bun Chili & Cheese Baked Tator Tots Tossed Green Salad Chilled Peaches Milk Variety Potable Water Fat Free Ranch Dressing Ketchup PC Mustard PC Fat Free Mayonnaise</p> <p>Domino's Smart Slice Pepperoni or Sausage Pizza Whole Kernel Corn Popeye Salad Chilled Fruit Cocktail Milk Variety Potable Water Fat Free Ranch Dressing Parmesan Cheese</p> <p>Shreve, Green Oaks, Huntington, Northwood, Southwood, BTW, Woodlawn</p>	<p>25 Pepperoni Pizza 5" Round Whole Kernel Corn Popeye Salad Chilled Fruit Cocktail Milk Variety Potable Water Fat Free Ranch Dressing Parmesan Cheese</p>	
	<p>28 Spicy Chicken Patty on W/G Bread Seasoned Green Beans French Fries Sliced Tomato/Lettuce Salad Chilled Mandarin Oranges Milk Variety Potable Water Fat Free Ranch</p>	<p>29 Breaded Steak Fingers Whole Grain Cornbread Mashed Potatoes Seasoned Turnip Greens Fresh Orange Frozen Fruit Cup Milk Variety Potable Water Hot Sauce Jalapeno Peppers Ketchup PC</p>	<p>30 Whole Grain Corn dog Baked Beans Baked Potato Tots Shades of Green Salad Whole Grain Brownie Chilled Pear Halves Milk Variety Potable Water Fat Free Ranch Dressing Mustard PC Ketchup PC</p>	<p>31- Halloween Baked Chicken Whole Grain Cornbread Steamed Cabbage Yam Patties Chilled Fruit Cocktail Milk Variety Potable Water Hot Sauce Jalapeno Peppers Ketchup</p>	<p>We Are Caddo!</p>	